

About the Conference

This family and professional caregiver conference honors the strength and courage it takes to care for someone in need. This conference provides an uplifting and supportive atmosphere where both professional and family caregivers learn more about enhancing care of their patients, loved ones and themselves.

**For more conference information,
contact the Council on Aging at
758-8455.**

Keynote Speaker

Denise M. Brown

Denise M. Brown owns and operates The Center for Family Caregivers and Tad Publishing Co., both based in Park Ridge, Illinois. Through her organizations, Denise helps persons who care for an aging relative. Through Tad Publishing Co., Denise gives presentations and seminars about the caregiving experience and coaches family caregivers and professionals interested in working with family caregivers.



The Center for Family Caregivers is a non-profit organization dedicated to helping persons who care for chronically ill or disabled family members.

Photo Credit: Michael Prischmann

2007 Attendees Said...

"Very caring teachers and leaders."

"Lots of good information...presented in a manner that was clear - related to work but also good for any time."

"Wish there was more time! This could be a much longer seminar!"

"Excellent conference with high quality presenters."

"Wish more people would attend. Enjoyed the day."



Every day you may make progress. Every step may be fruitful. Yet there will stretch out before you an ever-lengthening, ever-ascending, ever-improving path. You know you will never get to the end of the journey. But this, so far from discouraging, only adds to the joy and glory of the climb.

Sir Winston Churchill (1874 - 1965)

**2008
Annual
Caregiver
Conference**

The Caregiving Journey

*For Family and Professional
Caregivers*

May 14, 2008

8:30 a.m. - 3:00 p.m.

Pontiac Convention Center

2809 Pontiac Dr.

Janesville



Sponsored by:
The Rock County
Council on Aging
and

The Rock County Community
Partnerships for Older Adults
Committee

Morning Schedule of Events

8:30 - 9:00 a.m. - Registration

9:00 a.m. - Welcome

**Attendees Should Choose
One Selection Per Session*

9:30 a.m. - 10:15 a.m. *

A: Home Safety: A Course on Fall Prevention

Karla Keller, Mercy Home Health

B: Music Therapy and the Caregiver's
Journey

*Virginia Gross, Music Therapist - Board
Certified*

C: Oh, My Aching Back! Body Mechanics

Jackie Church, Janesville Physical Therapy

10:15 a.m. - 10:30 a.m. - Break

10:30 a.m. - 11:15 a.m. *

D: Meals That Heal: Nutrition & Caregiving

*Amy Ramsey, Bureau of Aging and
Disability Resources*

E: Personal Safety Tips and Surrounding
Awareness Techniques

Sgt. Brian Donahue, Janesville Police Dept.

F: Learning to Live with Low Vision

*Kristin Founatine, Rehabilitation Specialist for
the Blind*

11:30 a.m. - 12:15 p.m.

Keynote Address

The Truth and The Team

Denise Brown

Afternoon Schedule of Events

12:15 p.m. - 1:00 p.m. - Lunch

Soup, Salad and Potato Buffet

**Attendees Should Choose
One Selection Per Session*

1:00 p.m. - 1:45 a.m. *

G: Building Confidence and Reducing Falls

Joyce Lubben, Rock County Council on Aging

H. Hands On - Hand Massage Therapy

Dawn Schattschneider, Mercy Health System

I: Healthcare Advance Directives and Living
Will Explained

Lisa Brown, HospiceCare Inc.

1:45 p.m. - 2:00 p.m. - Break

2:00 p.m. - 2:45 p.m. *

J: Our Life and Our Faith

*Rev. Ian Stirrat, (Retired)
Sun Valley Presbyterian Church*

K: Grief and Loss Issues Associated with
Caregiving

Sandi Elmer, HospiceCare Inc..

L: The Team

Denise Brown

2:45 p.m. - 3:00 p.m.

Closing Inspiration and Door Prizes

*Speakers may be subject to change
without notice.*

Registration - Pre-registration required

DEADLINE: FRIDAY, MAY 2, 2008

Family Caregiver - Half day; No Lunch: \$5

*Family Caregiver - Full day, Lunch: \$15 ****

Professional Caregiver - Half day; No Lunch: \$15

Professional Caregiver - Full day, Lunch: \$30

Name: _____

Company: _____

Address: _____

City/State/Zip: _____

E-mail: _____

I am a ___ family OR ___ professional care-
giver.

I am attending: ___ full day conference OR
___ morning only
___ afternoon only

___ I will need respite care for my loved one.

Please contact me at: _____

I am caring for my: _____

****Respite Care Funding Available: A limited number
of conference scholarships, respite, and transportation
funding opportunities are available to eligible family
caregivers. To request funding, contact the Rock
County Council on Aging at (608) 758-8455.*

**Mail registration form (copy as needed), and
check or money order payable to:**

Rock County Council on Aging

Attn: Julie

51 S. Main St., Janesville, WI 53545

Questions? Call Julie at (608) 758-8455